

# STROKE AWARENESS

## Learn the warning signs

**B**

**BALANCE**

Sudden  
loss of  
balance

**E**

**EYES**

Blurred  
or loss of  
vision

**F**

**FACE**

One side  
droops

**A**

**ARMS**

Can't  
raise one  
arm

**S**

**SPEECH**

Slurred  
speech

**T**

**TIME**

Call 9-1-1  
if you see  
these  
signs



American Heart Association  
American Stroke Association  
**CERTIFIED**  
Meets standards for  
**Primary Stroke Center**  
Concord Medical Center



American Heart Association  
American Stroke Association  
**CERTIFIED**  
Meets standards for  
**Comprehensive Stroke Center**  
Walnut Creek Medical Center

To learn more about our stroke program, visit [johnmuirhealth.com/BEFAST](http://johnmuirhealth.com/BEFAST)