

Urology

at Berkeley Outpatient Center

Overview

Urology Services is one of several specialty services available at the Berkeley Outpatient Center. Our Urologist works with referring providers to ensure patients receive the best care possible.

Conditions treated

- Recurrent urinary tract infections
- Urinary incontinence and overactive bladder
- Interstitial cystitis
- Prostatitis
- Enlarged prostate
- Kidney stones
- Male and female infertility
- Sexual dysfunction (males)
- Cancers throughout the urinary tract (such as kidney, bladder, prostate, penile, and testicular cancers)

When to see a physician

Patients who experience any of the following symptoms should see a Urologist.

- Blood in the urine
- Incontinence
- Painful urination
- Pain in the lower stomach, side of back, or groin region
- Difficulty urinating
- Pelvic Organ Prolapse
- Hernia
- Kidney stones
- Male sexual or fertility problems
- Overactive bladder (OAB)
- Enlarged prostate
- Elevated PSA

For more information, please call Urology Services at [\(510\) 985-5200](tel:5109855200).



Urology Services

Providing integrated care in the community.

Our Urology Team



Alan Shindel, MD

UCSF Health

Medical School:

- Washington University at St. Louis

Internship/Residency:

- Barnes-Jewish Hospital

Fellowships:

- University of California at San Francisco

Days/Hours:

- Every Wednesday

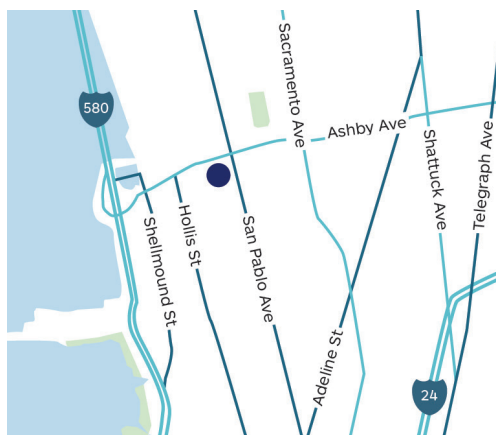
To learn more about our doctors, visit

johnmuirhealth.com/findadoctor or
ucsfhealth.org/find_a_doctor.

Office location:

Berkeley Outpatient Center
3100 San Pablo Avenue
Berkeley, CA 94702
(510) 985-5200

To learn more about our
Berkeley Outpatient Center,
visit [johnmuirhealth.com/
berkeleyopc](http://johnmuirhealth.com/berkeleyopc).



September 2020

